



WEEK ONE

LUKE 6:31; JOHN 13:4-5

Be the kind of friend you want in your circle.

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WEEK TWO

PROVERBS 12:26

Be wise about the friends you allow in your circle.

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WEEK THREE

ACTS 15:36-40

Be friendly when your circle changes.



REMEMBER THIS:

“Greater love has no one than this: to lay down one’s life for one’s friends.”

JOHN 15:13 NIV



THINK ABOUT THIS:

Circles is a three-week series on a topic that’s most definitely impacting the lives of your middle schooler every single day: friendship! Friendships have the potential to influence your kid tremendously in this phase. Whether it’s learning how to be a friend, finding the right friends, or even ending a friendship that isn’t working, this series will give them the practical tools they need to navigate friendship in a healthy way.

 DO THIS:**MORNING TIME**

Come up with a list of qualities you want in a friend! Share some of what's on your list with your student before asking them to share some of their own. Then, talk about which of the qualities on each of your lists that you also see in yourselves.

**MEAL TIME**

Because friendships are always changing in middle school, it's important that you constantly talk with your kid about who their friends are. Get to know the friends in their inner circle by asking them who they are and inviting them over for a meal this week.

**DRIVE TIME**

Make a point to celebrate friendship with your kid this week! Create a playlist all about friendship, coming up with as many songs about friendship as you can. Then, listen to it on the way to school every day this week to focus on the good things about friendship.

**BED TIME**

Talk about a friendship that had a particular influence on your own life—for better or for worse! Connect the dots for your kid on the way that particular friend influenced your choices, habits, and even your future.